



The Evolving Equestrian
Evolve Challenge
Lesson 7 Worksheet

Make a list of things you would like to desensitize your horse:

- 1.
- 2.
- 3.
- 4.
- 5.

Choose one stimulus you would like to begin working on during this challenge.

Where is your horse's comfort zone with this particular stimulus?

Describe the steps you will take to expand your horse's comfort zone and counter condition him to this stimulus:
